

## **‘LIVING WITH LONG TERM CONDITIONS – A POLICY FRAMEWORK’ 6 KEY DEVELOPMENT AREAS**

### **Working in partnership**

The person, and the interests of the person, should be at the centre of all relationships. People, and where appropriate their carers, must be recognised as partners in the planning of services, which should be integrated and based on collaborative working across all sectors.

### **Supporting self management**

Self management should provide people with long term conditions with the knowledge and skills they need to manage their own condition more confidently and to make daily decisions which can maintain or enhance their health and well-being as well as their clinical, emotional and social outcomes.

### **Information to service users and carers**

People with long term conditions, and their carers, should have access to appropriate and timely information and advice in order to help them manage the long term condition and maintain or enhance their quality of life.

### **Managing medicines**

Individualised support should be available for people with long term conditions to achieve the best possible outcome from their medicines.

### **Carers**

Carers should be respected as partners in the planning and delivery of services for people with long term conditions. Their health and well-being should be safeguarded through the provision of the support they need to continue in their caring role.

## **Improving Care and Services**

A pro-active, anticipatory approach should be taken to improve care and services for the management of long term conditions. Services should be person-centred, flexible and integrated across all sectors. Collaborative working should deliver co-ordinated treatment, care and services that are accessible at time of need, maintain or enhance overall health and well-being, support people in their own homes and reduce potentially avoidable admissions to hospital.

**The Policy Framework can be accessed at:**

<http://www.dhsspsni.gov.uk/long-term-condition.htm>